

**ADDINGHAM MEDICAL CENTRE,  
151A MAIN STREET,  
ADDINGHAM,  
LS29 0LZ**

**PATIENTS PARTICIPATION GROUP.**

The Minutes of the last meeting held on Monday 21<sup>st</sup> October 2019 @7pm.

Present:-

Chris Acomb, Carole Armitage, Mick Baines, James Bloomer, Alan Davies, Anne Eady, Barbara Haigh (Secretary/Treasurer), Lizzie Lister (Practice Manager), Glen Milne, Margaret Norris (Chairperson) Rachael Sharples, Carole Sloan, Shirley Twigg, Vicki Wells. Dr A.Bearpark.

Apologies:-

Ann Bacon, Emma Roberts.

A warm welcome was given with everyone introducing themselves to our new members Anne Eady and Mick Baines.

Pennine Breast Cancer Screening Service.

Sadie Greenwood gave an informative talk on the service, which is based at Horton Wing, St Luke's Hospital Bradford. Women of the ages 50 to 70 in the UK are normally invited for breast screening every three years. Pennine Screening is about 69% in Addingham in 2013 it was 74%, however there is a national decline, with only 20% of women at the age of 50. Evidence shows that if a women attends her first screening appointment then she is more likely to continue. People's lives are busy, to help Saturday and evening appointments can be available at St Luke's Hospital (but not at the mobile units)

This area does not send text messages (to remind women) at present. Women over 70 years will not be automatically invited to attend the screening, however if they wish to continue they can phone to make an appointment. At present there is an Age X Trial, this is a trial of extending the age range for breast screening, to include some women age under 50 or over 70. Addingham is one area where this trial is taking place, more information can be obtained from the Surgery.

The mammogram takes five minutes with the results taking 2weeks. If a women is called back, then the appointment will be at St Luke's where another mammogram will be taken etc.

Sadie stressed women need to know their own body, breasts do change as we get older, but the signs to look for –

- A lump or thickening in the breast, a change in the nipple, it may be pulled back into the breast, or change shape.
- There might be a rash that makes the nipple look red and scaly, or have blood or other fluid coming from the nipple.
- A change in how the breast feels or looks. It may be heavy warm or uneven, or the skin may look dimpled
- Pain or discomfort in the breast or armpit
- A swelling or lump in the armpit.

In answer to a question Sadie explained why it can be hard to have automatic screening if you move into another area. Some systems are old and communication from area to area can be very difficult.

- It was agreed this topic would be good for a display in reception – Sadie is to send Lizzie some leaflets.

Nick Cole - is a newly appointed Airedale Hospital Governor (representing Craven).

Nick was unable to attend the meeting, however he has stated should anyone wish to contact him in relation to his work they can email him at [Nick.Cole@veredus.co.uk](mailto:Nick.Cole@veredus.co.uk)

### Minutes of the last meeting.

The Minutes of the last meeting held on Monday 22<sup>nd</sup> July 2019 @7pm were agreed as a true record.

### Matters arising.

There were no matters arising.

### Network.

It was agreed the Network meetings and the new training sessions are two different items, no more Network meetings have been attended.

Margaret attended the 10<sup>th</sup> October talk ( to arrange these must be expensive for the NHS).

Commencing at 5.30pm to 7.30pm was thought not good timing for many people, only five people attended. The follow up to this session is on 31<sup>st</sup> October – Know your Community, Margaret felt because these sessions were linked she would attend, however really there is little more information we can gain. Ann(Eady) stated as a new member, she may find the session useful.

It had been agreed at our last meeting, that Carole (Armitage) would attend the 7<sup>th</sup> November session with Margaret topic - Social Media this is to be decided after 31<sup>st</sup> October.

### Treasurers report.

No change the Bank balance remains the same £245.73, Barbara reported that she now was in possession of the on-line application form from Addingham Beer Festival to be completed by 30<sup>th</sup> November.

Margaret to chase up the Gala application form.

James stated the Civic Society were open to applications for funding, but the money had to be used for items purchased only.

### Surgery up-date.

#### **Below is the report Lizzie had produced for the Meeting/Minutes.**

- 1) **WACA Primary Care Network** - recently appointed a GP prescribing lead – Dr Rachel Pring (GP Partner and Dyneley House Surgery, Skipton. They have also appointed 2 pharmacists via Airedale Hospital with different skill sets, 1 strategic & one more practical for the 8 WACA practices.
- 2) **WACA PPG** - WACA asked all practices if they would like a 'WACA PPG'. Our PPG felt that it was duplication with the networks etc but would be happy to attend a meeting once a year.
- 3) **Appointments** – In addition to face to face appointments here at Addingham Medical Centre with a range of Health Care Professionals, we can offer appointments in Extended Access (face to face appointments with a GP from the patch but not necessarily our own practice; or our own Physiotherapist – Gabriel Sido; or with a Pharmacist). We can also offer an online video consultation via Push Dr during the Extended Access Service with a GP. Please speak to our reception staff who would be pleased to book you in and give you further details.
- 4) **Pharmacist support** - Chris Acomb will be joining our practice as a Pharmacist to help with the following: annual reviews of all medicines; Letters and discharge note reconciliation; Prescription reauthorisations; Responding to acute medication requests; Medication queries; audits.
- 5) **Pop Up Groups at Mount Hermon re Memory Issues** organised by Sue Moorchild and Addingham Good Neighbours, Wednesday 27<sup>th</sup> November 2pm-4pm 'Living with memory issues, support

available for family and carers'. Wednesday 8<sup>th</sup> January 2pm-4pm ' Lasting power of Attorney financial and legal implications'.

- 6) **Funding for Physiotherapist and Social Prescriber** confirmed to 31/3/20 in the first instance. Awaiting further news.
- 7) **Flu clinics** – These are now well underway. We have received all the over 65s vaccines and the under 65s at risk vaccines. Still awaiting nasal childhood flu vaccines. Please book in via Reception.
- 8) Our Chair, **Margaret Norris**, was nominated for the Volunteer Hero award at the Airedale Wharfedale and Craven Council of Members and was runner up. Many congratulations Margaret and thank you on behalf of the practice and the PPG for all you do.

#### Display in reception.

Margaret reported on a conversation with the Deputy Head at Addingham Primary School which was very positive. The posters to be done by Year 3 to Year 6 some will be picked for the reception display. Margaret suggested the children could come into the Surgery to see the display, also if Dr Bearpark could give a short talk to the children, after which they could have a drink of juice and biscuits. A suggestion was raised could we also promote (through leaflets) vaccination, however this could be controversial and needs more thought.

#### Any other business.

- Lizzie stated she had received an email that a healthy living booklet was being produced, did members wish her to follow this up – all agreed.
- A concern was raised, Rowlands Chemist repeat prescriptions are made up outside the area and transported to Addingham, are refrigerated items kept separate and are patients notified.
- Margaret reminded everyone if they have any nominations for Chairperson, Secretary and Treasurer our next meeting was the AGM.

#### **DATE OF THE NEXT MEETING.**

**MONDAY 27<sup>th</sup> JANUARY 2020 @7pm.**

(Rachael gave her apologies).

