

**ADDINGHAM MEDICAL CENTRE  
151A MAIN STREET,  
ADDINGHAM,  
LS29 0PZ.**

**PATIENTS PARTICIPATION GROUP.**

The Minutes of the meeting held on Monday 16<sup>th</sup> October 2017.

Present: - Carole Armitage, James Bloomer, Alan Davies, Barbara Haigh (Secretary/Treasurer), Margaret Norris (Chairperson), Elizabeth Polignone (Practice Manager) Emma Roberts, Dr Adil Suleman.

Apologies: - Chris Acomb, Ann Bacon, Melanie Taylor, Shirley Twigg.

Minutes of the last meeting.

All members agreed that the Minutes of the meeting held on Monday 31<sup>st</sup> July 2017, were a true record.

Matters arising. (Some subjects are listed below as separate items).

- The Self Care Week in November, Elizabeth has been able to obtain more information this can now be used for a display in reception.
- Community Health Maps – information has been passed to Chris by Carole, who stated she will contact him again.
- The PPG information on the Surgery website has been updated.
- The new patient pack has now been reworded.
- The Fit and Healthy Activities leaflet – Elizabeth reported a good response on the up take, they are on the counter and notice boards.

Network.

Margaret had asked Ann to pass on Barbara's email address (to receive the Minutes). Here is the report Chris made from the meeting: -

The meeting was held on the 12<sup>th</sup> October 2017 with only 14 people attending – including the speaker's CCG (Dr Thomas and Lynn from accountable care).

GP contracts now with CCG (was previously NHS England)

6 areas of focus; -

- Improve access – easier to cancel appointments. Proposing that you use a GP practice you are not registered with (outside office hours).
- Improve quality – this is rather vague, spend money on prevention.
- Build workforce – also vague, boundaries to allow professions to work across boundaries.
- Self- care and prevention – Pharmacy first, the members wanted more emphasis on self-care.
- Collaboration and partnership
- Estates, Finance and contracting.

'Modality 'are influencing CCG. Members had strong views that they did not like commercialisation and (profit to private enterprise).

- Communities Airedale, Wharfedale, Craven (Silsden and Steeton now in Wharfedale) local focus/priorities.  
Airedale – Children and young people.  
Wharfedale – Mental health. Access to voluntary services, digital access.  
Craven- Loneliness, Intermediate care.

#### Treasurers report.

Bank balance £258.23, since the last meeting two cheques have been made out £40.00 N.A.P.P. yearly renewal. The hire of the Memorial Hall - for the last event £49.20 (this cheque has still to be cashed). The account from Rejuvenate for the PPG domain on the Surgery website is due November/December approximately £36.00. However, last year after some confusion was paid by the Surgery, we have been paying this for some years. It was agreed once this year's invoice is received Barbara will send onto Dr Suleman (via Elizabeth) for further investigation.

At the appropriate time, Barbara will apply again to the Beer Festival (providing grants are available).

#### Report on the September event.

Valuable feedback, approximately 60 people attended. The microphone should have been used, some people had difficulty in hearing. Margaret had been asked 'we are told you should have a healthy diet but could this be explained' This statement opened a discussion resulting in a subject for the next event

- What is healthy eating
- A Dietician and Diabetic speaker – James stated his wife was a Dietician.
- Spring event possibly May.
- To be discussed in more detail at our next meeting.

#### Promotion of health issues.

It was agreed that the Self Care display (November) should be longer than just one week.

#### Position of Chairperson – from the A.G.M.

Margaret had stated in January that this would be her last year as Chairperson, however no other member has volunteered. It was unanimous that subject to our A.G.M. Margaret continues for a further year. A question was raised should we have a vice chairperson, however Margaret stated this is not in the Constitution. Margaret then asked Barbara if she was willing to continue – Barbara agreed (subject to the A.G.M.)

The question of new Face to Face members arose, Elizabeth suggested she promote this on Addingham Totally Locally website, also someone has shown interest from the Virtual Group.

#### Any other business.

Elizabeth agreed to Emma's request that the Surgery could store a surplus number of Breast Cancer leaflets. Emma also gave her apologies for possibly some future meetings, owing to study commitments, but wishes to continue as a member.

Flu jabs information - is available to patients in many forms, e.g. on repeat prescription forms, also when ordering online, by text and email.

The NHS England Patients Voice Team information - sent to publicise their community Grants Scheme was discussed. This is not a way to boost care funds, grants of up to £2,000 could be awarded 'for projects that showcase good practice around patient and citizen participation in healthcare'. The meeting agreed the PPG would probably have to match the grant given. However, it would be interesting to see how this develops.

**DATE OF NEXT MEETING. – A.G.M.**

**MONDAY 22<sup>nd</sup> JANUARY 2018 @7pm**

### Carers Resource 'Worth Connection Project'

A very interesting and informative talk was given by Hannah Crabtree - Development Worker – Worth Connecting. This is a new project to help older people age 55+ gain IT skills starting from the basic – how to switch on the machine. Once people have experienced the information that can be gained from having access to a computer, this can help reduce loneliness, contact old friends, access services, online shopping even giving a carer more time for themselves, use Skype these are just a few things that can be done. Mobile Wi-Fi is available for the sessions. After 6-10 sessions at home people are encouraged to attend group sessions. These group sessions can be set up wherever there is a demand and premises available, Ilkley has one at present. The Project is always looking for volunteers to help older people to get online. Worth Connection Project also includes Home from Hospital, where they meet people before they go home. These can include those who are worried how they will cope once discharged, people with long term conditions, people living alone, or with someone. Worth Connecting is a three-year project, was started this year and mainly funded by the Lottery, no charge is made for the service they provide.

Note – last meeting Minutes also has some details on this subject.

- All PPG members agreed this subject could be one for a future event.